

Soul Alchemy Healing

WELCOMING 2024 NEWSLETTER

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*My podcast trailer and
information:*

[https://getting-
dimensional.captivate.f
m/listen](https://getting-dimensional.captivate.fm/listen)

Website:

[https://www.soulalchem
yhealing.com/getting-
dimensional.html](https://www.soulalchemyhealing.com/getting-dimensional.html)



MY NEW PODCAST "GETTING DIMENSIONAL" PREMIERES JANUARY 16TH, 2024

Embark on a transformative journey with "Getting Dimensional" a podcast that transcends conventional boundaries to explore alternative health, holistic self-improvement, and mystical realms. Hosted by Carol Amiyah Lefevre this podcast is your platform for discovering the profound connections between mind, body, and spirit.

In each episode, we'll delve into the expansive world of alternative health and energy healing, offering insights into holistic practices that nurture, empower and inspire you to be your best self.

Whether you're curious about healing, seeking holistic self-improvement strategies, or fascinated by the mystical unseen dimensions of existence, "Getting Dimensional" provides a rich tapestry of insights and practical tools.

Subscribe now and become part of a community dedicated to holistic well-being and self-discovery.



Here's the link so you can choose a platform you prefer:

<https://getting-dimensional.captivate.fm/listen>

"Unveiling the Power of the Subconscious Mind in Manifestation: Your Gateway to a Limitless Reality"



THE SUBCONSCIOUS MIND

In the vast realm of the mind, where thoughts dance like constellations, there exists a powerful force that often operates beneath the surface, shaping our reality in ways we may not fully comprehend—the subconscious mind. This reservoir of untapped potential has been a subject of fascination and exploration for centuries, and its role in the art of manifestation is gaining increasing attention.

The subconscious mind is like a silent collaborator in the grand symphony of our existence, influencing our beliefs, attitudes, and behaviors in ways that may elude our conscious awareness. Understanding its intricate workings is akin to unlocking the secret code to manifesting our desires, shaping a reality that aligns with our deepest aspirations.

At its core, manifestation is the process of bringing our thoughts and desires into tangible reality. The subconscious mind plays a pivotal role in this process, acting as a bridge between our conscious intentions and the fabric of the universe. Here are key insights into how the subconscious mind contributes to the art of manifestation:

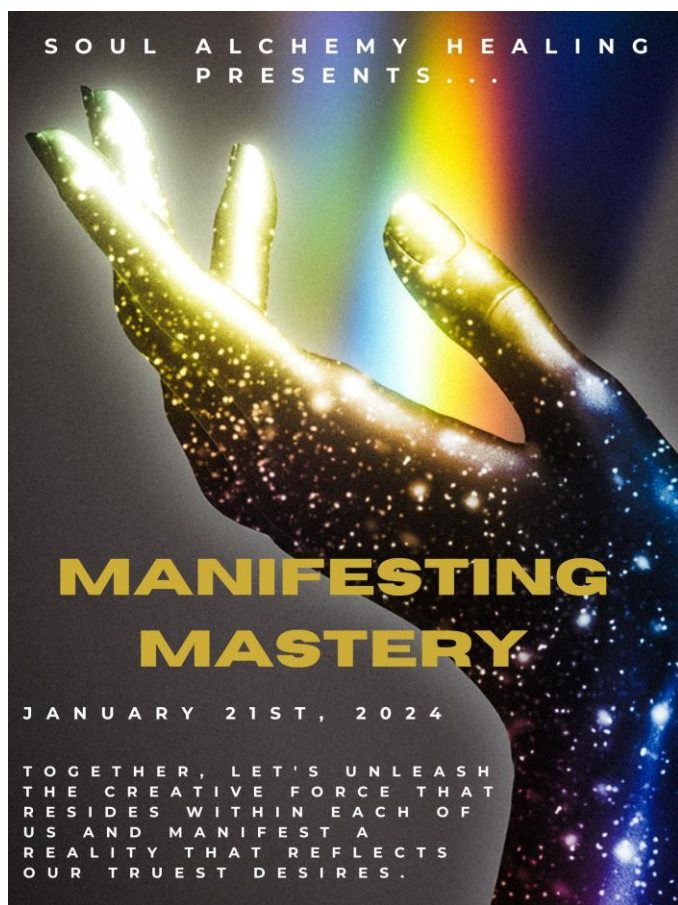
- 1. Belief Systems as Architects of Reality:** The subconscious mind is a storehouse of our beliefs, many of which are formed during our formative years. These beliefs act as filters through which we perceive the world. Manifestation is intimately tied to these beliefs; if we harbor doubts or conflicting beliefs about our desires, the subconscious mind may inadvertently sabotage our efforts. By rewiring and aligning our beliefs with our aspirations, we can harness the full potential of the subconscious mind as a manifestation ally.
- 2. The Language of Emotions:** Emotions are the language of the subconscious mind. When we align our thoughts with positive emotions, we send powerful signals to the subconscious, reinforcing our desires. Conversely, negative emotions can act as barriers to manifestation. Cultivating emotional intelligence and consciously choosing positive emotions can amplify the effectiveness of our manifestation endeavors.
- 3. Visualization as a Catalyst:** The subconscious mind responds strongly to images and symbols. Visualization, a technique involving vividly imagining our desired outcomes, serves as a direct line of communication with the subconscious. By regularly engaging in visualization exercises, we paint a detailed picture of our aspirations, imprinting them onto the canvas of the subconscious mind.

4. **The Power of Affirmations:** Affirmations are like seeds planted in the fertile soil of the subconscious. By repeating positive affirmations aligned with our goals, we program the subconscious mind to work tirelessly toward their realization. Consistency and conviction are key in this practice, gradually reshaping our internal landscape.
5. **Harmony with the Universe:** The subconscious mind is intricately connected to the vast intelligence of the universe. When we operate in alignment with the natural flow of life, synchronicities unfold, and opportunities manifest effortlessly. Trusting the process and maintaining a positive, open mindset allows us to harmonize with the universal forces at play.

In the journey of manifestation, understanding and harnessing the power of the subconscious mind is like discovering a master key that opens doors to a reality limited only by the expansiveness of our dreams. By nurturing a conscious relationship with our subconscious, we embark on a transformative expedition, unlocking the latent potential within and manifesting a reality that mirrors our deepest desires.

May your thoughts be intentional, your beliefs empowering, and your manifestations boundless.

Carol Amiyah Lefevre



Let's embark on a journey of self-discovery and empowerment. By understanding and directing the power within us, we can consciously shape our reality and manifest a life that aligns with our deepest aspirations. Join me at the Manifesting Master Class where we'll explore practical techniques to unlock the potential of your subconscious mind. Together, let's unleash the creative force that resides within each of us and manifest a reality that reflects our truest desires.

The workshop includes:

- A current life assessment (Self-Evaluation)
- Learn how to make and charge crystal grids and gem elixirs that will support your goals
- Cindy Shelest will provide each person will receive a short individual BaZi assessment of your strengths, challenges and best options for manifesting in 2024
- A powerful creation exercise working on several timelines and dissolve ancestral blockages
- Creating a 2024 manifesting calendar
- Initiations to raise your vibration
- Symbols to increase the Energy of your Creations

Your investment: \$111.00 which includes a manual
Time 10:00 am-4:00 pm

What to bring: Dress in layers, pen, notebook, a snack to share with the group, a laptop or iPad/notepad
 Limited space, max 8 students

To register send an e-transfer to: soulalchemyhealing@gmail.com with a note of the workshop title and date.

Navigating the Cosmos Within: A Guide to Connecting with Cosmic Intelligence



THE VAST MYSTERIES OF EXISTENCE

Embarking on a journey to connect with cosmic intelligence is a profound and personal endeavor that transcends the boundaries of conventional understanding. In this edition, I invite you to explore pathways that may lead you to a deeper connection with the cosmic tapestry that weaves through the universe. Whether you seek spiritual enlightenment, a greater sense of purpose, or a connection with the vast mysteries of existence, these suggestions can serve as a compass on your cosmic voyage.

1. **Meditative Practices:** At the heart of many spiritual traditions lies the practice of meditation. Take time each day to sit in stillness, focusing on your breath or a mantra. Allow your mind to quiet and create space for a deeper connection with the cosmic energies that flow within and around you.
2. **Mindful Awareness:** Engage in mindfulness throughout your daily activities. Whether you're walking, eating, or working, be fully present in the moment. By cultivating awareness, you open yourself to the subtle currents of cosmic intelligence that may guide your thoughts and actions.
3. **Stargazing and Nature Connection:** Spend time under the open sky, observing the celestial dance of stars. Nature, with its intricate patterns and cycles, provides a direct link to the cosmic rhythms. Take walks, breathe in the fresh air, and feel the interconnectedness of all living things.
4. **Creative Expression:** Tap into your creative instincts to express the ineffable connection with the cosmos. Whether through art, music, writing, or dance, allow the creative process to be a channel for cosmic inspiration. Creativity has the power to reveal hidden truths and connect us to a deeper intelligence.
5. **Sacred Rituals:** Explore rituals that resonate with your spiritual inclinations. Lighting candles, burning incense, or engaging in symbolic acts can create a sacred space for connection with cosmic energies. These rituals can serve as bridges between the earthly and cosmic realms.
6. **Mind-Body Practices:** Yoga, tai chi, and other mind-body practices can harmonize your physical and energetic systems. These ancient disciplines are designed to align the individual with universal energies, fostering a sense of unity with the cosmic intelligence that permeates all of existence.
7. **Contemplative Inquiry:** Dive into self-inquiry and contemplation. Ask profound questions about the nature of existence, your purpose, and the interconnectedness of all things. Reflecting on these inquiries can lead to profound insights and a deeper connection with cosmic intelligence.

Remember that connecting with cosmic intelligence is a personal and evolving journey. There is no one-size-fits-all approach, and it's essential to honor your unique path. Stay open to the mystery, embrace the unknown, and allow the cosmic intelligence that surrounds us to illuminate your inner landscape.

May your journey be filled with wonder, wisdom, and a profound sense of connection to the cosmic tapestry of existence.

Carol Amiyah Lefevre



2024 FENG SHUI FOR PERIOD 9'S 20 YEAR CYCLE

JANUARY 28TH 12:00-4:00 PM INVESTMENT \$55.00



Beginning in 2024 with Year of the Dragon, the Feng Shui calendar will begin its new 20-yearcycle called Period 9.

This workshop will include in-depth discussions on:

- What is the Feng Shui calendar and the meaning of Period 9?
- How this shift and the start of Period 9 will impact our lives.
- How will Period 9 affects industries, new developments, and the prospects and innovations in the future years to come?
- Tips on what to look for and how to prepare for this new cycle.

- How to shift the Bagua for period 9 and the Northern Hemisphere.
- Cures and Enhancements for 2024

You will also receive the flying star information for 2024 to enhance lucky areas and cures for challenging areas. A manual will also be included. This is an in-person event.

Discover the Cures and Enhancements for:

Health & Family, Wealth & Abundance, Fame & Reputation, Love, Marriage & Relationships, Creativity & Children, Helpful People & Travel, Knowledge & Cultivation, Career & Path in Life, Spiritual Growth

Address will be given with registration 10 person maximum, investment is \$55.00 send a \$55.00 e-transfer sent to soulalchemyhealing@gmail.com to hold your spot. Bring snacks to share, tea will be supplied.

EXTRODINARY ENERGY TOOLS AND HOW TO MAKE THEM

FEBRUARY 4TH 12PM-4PM IN NANAIMO INVESTMENT \$66.00, INCLUDES SOME MATERIALS



Everything around us vibrates at a particular frequency and this frequency is related to the movement of the atoms of our physical world. Join me for a fun afternoon and learn to create healing tools that support you on all levels. Discover how certain metals, symbols, frequency codes, crystals and practices can increase your vibration. Learn simple ways to protect you, your home and family from EMF's and other negative sources. Make fabulous energy gifts for you, your friends and family that shift the energy frequency and uplift and radiate higher frequencies.

THREE BREATH MERKABAH ACTIVATION PART 1

FEBRUARY 11TH 12:00-4:00PM INVESTMENT \$55.00



A Merkabah is an amazing liquid light body energy field extending over 50 feet around a person's body. The Merkabah is a living energy field. It is you and you are it. It is created using a special sequence of coordinated breaths and visualizations. This has been a secret, closely guarded by the adepts and masters, only recently made available to those seeking transformation, enlightenment and ascension. The use of a Merkabah opens us considerably to other dimensions and is a sign of spiritual development.

The workshop includes the instructions and practice of all phases of The Melchizedek Method Activation and how to multi-dimensional travel. This workshop is required in order to take the Holographic Healing module. A manual will be provided.

Part One: Learn the basics of Sacred Geometry and how to activate your

Merkabah in 3 breaths

Benefits of activating your Merkabah:

- The ability to raise your consciousness/frequency with a lasting and immediate result!
- Assists in changing DNA patterns for accelerated healing and physical shifting
- Creates a calm and peaceful awareness that All is One
- Instantly releases endorphins and reduces stress
- Allows on to manifest and increase whatever they choose
- Raises vibration allowing heightened ability to connect to our multi-dimensional selves
- Enhances your connection to the Divine
- Creates a climate for innovative thought and creative energy
- Supports evolution on all levels and aspects of ones being
- Assists one to transcend into Unity consciousness
- Increases ones awareness, intuition and healing abilities
- Enhances ability to share and express love and compassion for yourself & others

Includes a manual of the workshop.

Send a \$55.00 e-transfer sent to soulalchemyhealing@gmail.com or make a payment at <https://www.soulalchemyhealing.com>

HOLOGRAPHIC HEALING/MERKABAH ACTIVATION PART 2

FEBRUARY 25TH 10:00AM-4:00PM INVESTMENT \$150.00

The Melchizedek Method is a holistic healing and ascension modality that incorporates various spiritual and energy-based practices. Sacred Geometry, Higher States of Consciousness, Multidimensional Healing, Chakra Balancing, and the Ascension Process.

In this workshop you will learn the skills to assist you to holographically removing any part of the body, outer bodies and thought programming into the higher dimensions to be cleansed and healed, and then returned into the physical completely perfect. Holographic healing and rejuvenation are skills all human beings will practice in the future, according to Thoth, and will be instrumental in ridding this planet of illness and disease.



The following is some of what you can expect to work with in the workshop:

- Accessing the Holographic Body Computer
- Clearing and healing organs and systems
- Instant holographic chakra balance
- Balancing the Energy Meridians
- Bi-locating and Multidimensional traveling
- Activation of the Abundance Hologram

You must call to RSVP, limited space!

Manual included

Send an e-transfer for \$150.00 to soulalchemyhealing@gmail.com and reserve your spot

You must have taken Level 1 to attend

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<https://getting-dimensional.captivate.fm/listen>