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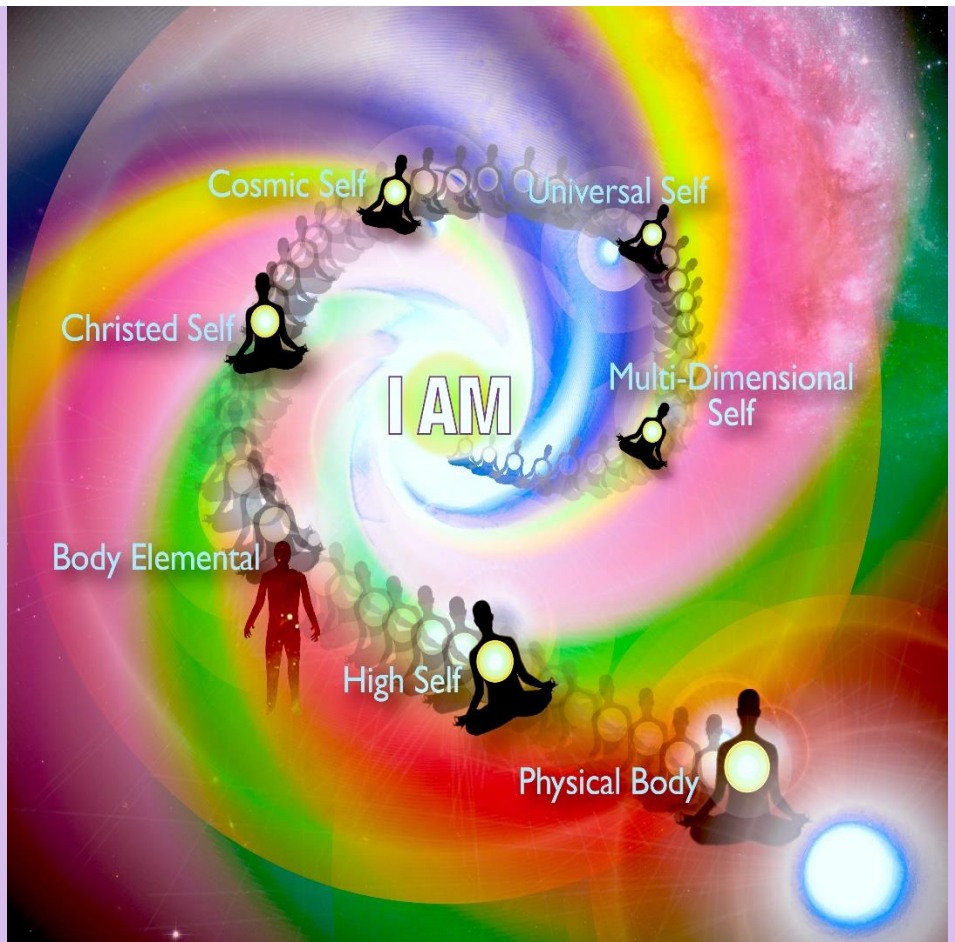
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Upcoming Workshops



I Am Presence Meditation:

<https://www.soulalchemyhealing.ca/workshops>

*“The body is not hidden
from the soul, nor is the
soul hidden from the
body, and yet the soul is
not for everyone to see.”*

~ Rumi

I AM PRESENCE

The I AM Presence is a collective consciousness of our Monad. It is not a physical individuality but 11 other soul personalities that work with us. The soul that is working on their ascension process is usually the one that ascends for the others.

The link on the free meditation above will take you to a few aspects of the self and your I Am Presence. Enjoy!

THE BODY ELEMENTAL

WHAT IS A BODY ELEMENTAL AND HOW CAN IT HELP ME?

The Body Elemental's function is to work with the Elohim, the Christed Self of the incarnated soul and the Karmic board to create the ideal form for its incarnated purpose in any given lifetime. The Body Elemental begins this process at the time of conception. In most cases it encourages the newly born physical body and virtually runs it entirely through the infancy stage of development.

The body elemental accompanies a soul on each incarnation throughout its entire soul journey and can retain the knowledge and wisdom of each successive lifetime. Unlike a soul, the Body Elemental can disconnect with the ego at the time of a personalities death and has an opportunity to enjoy a stage in its own realm of elemental beings.

When the form of the body, which the ego will assume at the time of its next incarnation, is ready, the Body Elemental is summoned by the Karmic Board and instructed on the new characteristics, strength and weaknesses that will lie within the new evolvment of the being. If the personality of the form has evolved to higher level and will be in service to humanity, the Karmic Board allows the Devic Builders of Form to modify the elemental being so that it can function in a higher realm and at a higher frequency before the soul is incarnated.

Over the centuries and through time the Body Elemental becomes very confident and can be very spoiled on occasion, especially when it's been given its own way in too many incarnations. In some cases when remarkable power is focused through the body of the individual the Body Elemental grows even stronger by the power activated and anchored into the cells of the individuals' physical body. In other cases when the individual has abused or had too much excess the Body Elemental begins to become rebellious and openly hostile to the soul and personality to which it has been assigned. In these cases, it begins to manifest illness, dis-ease and disintegration of the lower bodies' unity. This is often when serious life-threatening conditions may occur.

The unification of all the lower and upper bodies, soul and personality are essential in restoring peace, harmony, and balance to the individual and the Body Elemental. The individual must begin to have open and clear dialogue with its Body Elemental from a level of Wisdom and Self-Mastery. Treating it like a child, coddling, scolding, or pampering will be unsuccessful, and the individual will lose their ground.

The little elemental is about 3 feet in height and resembles the physical body working with the guardian angel under the Christ Self. They, like you, form an emotional attachment to the body temple. Except for those who suffer psychological detachment from self and body, everyone forms an emotional attachment to the body. It is the body you have worn as the temple for your soul and the means in which we experience pleasure and pain in the material world and balance our karma and do good deeds.



How Does it Function?

Think of yourself enveloped by a field of intelligence which is solely dedicated to your optimal health and well-being. This is the Body Elemental. It assumes specific potentials of all intelligence. And in doing so, it creates an armor-like protective covering all around you. Your physical form exists within this covering. This protective covering can take on any resonance or energy frequency you need to step forward on your evolutionary path.



A Very Important Relationship in Your Life



Because the Body Elemental is the overseeing intelligence which keeps our body well, having a functional relationship with this aspect of yourself is essential for our health and longevity. To clarify, the body heals itself, but the Body Elemental is responsible for the movement of energy that creates the healing.

The body elemental has its own flow of evolution, and it also needs upgrades, especially now due to all the frequency and paradigm shifts in the past 3 years. Any kind of illness or suffering that goes on in the emotional body and chakras is essentially up to the body elemental to fix, so we need to have like a solid relationship with our body and body elemental.



Body Elemental Workshop

- Develop a deeper relationship with your body elemental—your body consciousness.
- Clear emotional wounds affecting your physical health.
- Dissolving contracts and agreements affecting your physical and emotional health.
- Clear the past life traumas in your lower chakras.
- Body Elemental upgrade
- Working with the Causal Body...discover your Infinite, human potential, and integrate & balance it.

When: June 11th

Time: 10:00 am – 3:00 pm

Where: Nanaimo, BC and Online

Investment: \$150.00

The Science of the Pendulum



THE SCIENCE OF THE PENDULUM

It was in 1993 that I first discovered the pendulum. I had seen them, knew about them and had even played with a few, but was totally unaware of the many wonderful uses and the powerful impact the pendulum could have on a person's life.

Tools for intuition, including the pendulum, go back to 8000 B.C., and were used by many cultures including Hebrews, Egyptians, Chinese and American Indians. There are several references to Moses being a skilled dowser in the Bible. Dowsing rods and pendulums have been used throughout history to find water, gold and even food! The Chinese have used dowsers for centuries for sensing unseen energies around potential building site, and to detect ley lines or energy vortexes.

Dowsing is the art of using a tool to access intuition and gather information that is not always made available to the conscious mind. Once you have developed a precise and consistent form of communication with the pendulum it becomes an excellent tool to access the unconscious mind.

It was through my own quest for knowledge and healing that I was guided to Peaceful Meadow Retreat in Boulder, Colorado and met a beautiful new mentor by the name of Rev. Hanna Kroeger.

Hanna was in her late seventies when I met her, and had been teaching people how to take charge of their worlds for over 45 years before I showed up on her doorstep. She was unconventional and brilliant and so was her work. She was a master healer and had a passion to share her wisdom with the planet, showing us all truths that would empower our lives.

Hanna was one of the foremost dowsers and pendulum users in America. In her devotion to her family and others, she developed many powerful herbal formulas and homeopathics that changed the lives of thousands. Her work has led her to the discovery of many herbs that assist in clearing anacoluthon residue, unusual viruses, chemical poisons, and heavy metals and much more from the body.

This woman had such strong intention and desire that she could move mountains, and I longed to work with her and learn as much as possible from her.

Well, in 1996 after a series of small miracles, I returned to Boulder for the 2nd time, where I had the absolute pleasure of living in Hanna's home and got to see this magnificent woman daily.

We worked on psycho-metric aura readings together, herbal remedies, books and the list goes on. One of the most precious lessons that Hanna gifted me with was one of soul alchemy and transformation. She would often tell me that I had my own special talents and gifts that I would soon share with the world and when I understood what they were, not to hoard or try to control the information or it would be taken away. I

was so overwhelmed by her work that I didn't really focus on myself and quite honestly didn't have a clue what she was getting at. Hanna would never give me complete answers, but instead taught me to go within where all my resources were, and to ask the Lord God and my Guides.

In May of 1998 Rev. Hanna Kroeger departed this plane of existence to soar with the Angels. Within 3 days I received all the answers to so many of the questions I had asked her, she gifted me with her wisdom once more. She also reminded me to share my magic with the world, no bars held.

It is in honor of her memory that I continue to teach her work in Canada. The classes consist of an amazing amount of information, lots of hands-on demonstration and practice, valuable knowledge of herbal formulas, home remedies and pendulum use for self-empowerment. The focus is on analysis of the human body. Direct analysis can determine negative conditions or dis-ease in the body and its organs. By inquiring about the functioning capabilities of certain organs or an area in question, the causal factors of the disorder can be determined.

Through pendulum use, we have the ability to detect energy distortions or blockages which may become potential dis-orders within the body. Once these are located it is simply a matter of determining the cause, emotional. Physical, mental, or energetic and correcting it.

The pendulum is a tool that anyone can use, and there are dozens of ways that it can help you to empower your life and take control of the world around you.



UPCOMING WORKSHOPS

BODY ELEMENTAL WORKSHOP

JUNE 11TH FROM 10-3 PM IN NANIAMO AND ONLINE

- Develop a deeper relationship with your body elemental—your body consciousness.
- Clear emotional wounds affecting your physical health.
- Dissolving contracts and agreements affecting your physical and emotional health.
- Clear the past life traumas in your lower chakras.
- Body Elemental upgrade
- Working with the Causal Body...discover your Infinite, human potential, and integrate & balance it.

Send a \$150.00 e-transfer sent to soulalchemyhealing@gmail.com Please make a note in the comments as to which workshop you are signing up for and say part one!

LEVEL 2 REIKI

JUNE 27TH 11:30-3:00 IN NANAIMO, BC

Learn the three keys of traditional Reiki that allow you to create a bridge and send healing long distance, balance the emotional, mental physical and ethic bodies, clear rooms, crystals, food and much more. You will receive a manual, an initiation, and a certificate. Send a \$250.00 e-transfer sent to soulalchemyhealing@gmail.com Please make a note in the comments as to which workshop you are signing up for!

ACCURATE DOWSING AND PENDULUM USE

JULY 9TH FROM 1PM-4PM IN NANAIMO



Learning basic techniques in dowsing enables you to tap into information you may require regarding food choices, supplements, products you'd like to purchase, healing tools or even the most appropriate colour to wear for the day. It is a powerful tool that can lead to more empowering choices and a happier life. This is a hands-on and interactive program, you will learn everything you need to know to start building a relationship with your pendulum and seeking guidance for the questions you want answers. ***Your investment includes a manual.***

Send a \$55.00 e-transfer sent to soulalchemyhealing@gmail.com Please make a note in the comments as to which workshop you are signing up for!

GROUP PARADIGM SHIFT ON LOVING RELATIONSHIPS

JULY 22ND, 1PM-4PM, NANAIMO AND ONLINE

When a frame of reference changes; it is called a paradigm shift. It is a radical change of our fundamental and underlying beliefs or theories, conscious and unconscious views of reality.

In this workshop, participants will clearly define their existing money paradigm. Then Carol will set up the shift by unplugging previous, unnecessary belief systems, whether they were created in a past life, your family history, DNA or in this lifetime you will be free to take a quantum leap forward on your desired path.

She then sets the framework for the new paradigm. She works with your guides and the angelic realm to set up your new desired reality. All aspects are locked into the new paradigm: past, present, and future realities, your multi-dimensional selves, etc.

Send a \$55.00 e-transfer sent to soulalchemyhealing@gmail.com Please make a note in the comments as to which workshop you are signing up for!

Carol charges \$300.00 to do a one-on-one paradigm shift, this is a remarkable gift at a small investment of \$55.00

SACRED CIRCLE

THE THIRD THURSDAY OF EACH MONTH

6PM-8PM



Today sacred circles are sprouting up everywhere, in astonishing variety providing a safe haven where essential values and beliefs can be discussed and embraced. Sacred Circles allow us to engage a group to explore our relationship to the sacred and honour the divine in everyday life while offering wise advice to the whole. Experience listening and being heard without an agenda, rotating leadership, empowerment and heartfelt community support.

What you need to bring:

Your beautiful spirit, whatever you need to feel physically comfortable (pillow, throw) and a light snack to share during the break. Email me if you would like to attend and I'll provide the address. \$10.00 donation at the door